

Carillon Minor Baseball 2020

18U Coaches Handbook CMBA League Games

ROSTER:

- 1. AAA Players are not required to play community league. They can opt in if they choose. Teams should not rely on them to form roster.**
- 2. AAA Pitchers are NOT allowed to pitch in community league games or playoffs. AAA non pitchers may pitch in community league games if needed.**
3. All players bat and must be placed in the batting line-up. Injured players are removed from lineup and an out is NOT recorded in their spot in the order. Defensive substitutions, other than pitching, are unlimited.
4. A team may play with less than 9 players in the line-up. The empty spots in the batting order are not considered outs. 9 players are mandatory in Carillon Provincial League playoffs.

GAME PREP:

1. The defensive team supplies the baseball in all games (umpires do not touch baseballs). Therefore, each team should have 3 new balls to start the game. Baseballs should be sanitized if hit out of play and returned to the diamond by someone other than a player on the defensive team.
2. Base distance 90 feet. Pitching distance 60' 6".
3. The League assigns umpires and home team is responsible for paying them.

UMP FEES:

1. 7 inning single game - 2 man- \$55 each, 1 man \$90
2. 5 inning Doubleheader - 2 man- \$45 each per game,
3. Doubleheader - 1 man- \$75 per game

Mileage is included in these fees.

GAME FORMAT:

1. All weeknight games start at 6:45. (Home team should be done their infield warmup by 6:30). All doubleheaders start at 6:00. Second game start time is approximately 7:30 or 15 min after first game ends. Double headers are 5 inning games.
2. Line-up cards will not be used this season. Scorekeepers may exchange line-ups for the purpose of keeping score if they choose.
3. Carillon Community league games are scheduled for 7 innings for 18U.
4. All innings consist of 3 outs or 6 run max.
5. The mercy rule - Single game: 10 runs after 5 innings is in play. Doubleheader: 7 runs after 4.
6. A player cannot play pitcher and then play catcher in the same game. The first pitch thrown by a pitcher makes him ineligible to play catcher. A player may go from catcher to pitcher.
7. PITCHING RULES: Be sure to adhere to the pitch count rules for 18U. The maximum pitch count does not mean that is a suggested pitch count. The baseball LTAD plan and the CMBA encourages coaches to limit pitchers to 45 pitches (or less) until June 1st or a later date to ensure arm strength has been built to an appropriate level to reduce chances of arm injuries. The more pitchers you use each week the stronger your team and program will become. If a player from 15U is pulled up to pitch he must adhere to the 15U pitch count rules.
8. Coaches should be aware of other CMBA, Baseball Manitoba, and Baseball Canada rules and bylaws.
9. All postponed games should be rescheduled (ideally played) within 1 week of the postponement.
10. League playoffs for the community league will be held. The winners of these playoffs do not advance to provincials.

Baseball and Covid-19

FREQUENTLY ASKED QUESTIONS (FAQs)

Do baseballs need to be sanitized during practices or games? **No, baseballs need to be sanitized between each session only.**

Can players share equipment? *Although it is discouraged, yes they can so long as the equipment is sanitized between users.*

Do players, coaches, umpires or spectators need to wear masks? *No, anyone who wishes to wear a mask may do so, but it is not mandated.*

Are there any rule changes for baseball games? *No*

Where will the home plate umpire be standing? *Carillon will have umpires standing behind the pitchers mound.*

How many people can be at one session? *Baseball facilities can operate at 50 percent capacity, so long as all persons can effective physical distance (6ft), except for brief exchanges.*

Can teams use dugouts? *Yes, they can so long as the benches are marked with 6 foot markings and all people are physical distancing. This will mean that players and coaches may need to be outside the dugout, behind the fence. Some facilities have taken it upon themselves to be proactive and have marked/painted areas along the fence to promote social distancing.*

Who should I ask questions to when I attend a baseball session? *Each team must have a Health and Safety Coordinator in attendance at each game. They will have the answers and resources to assist all persons.*

Can I bring sunflower seeds or gum? *No, no persons are allowed to use gum or sunflower seeds at a baseball session in 2020.*

What can I expect to be different when I am at a baseball game? *There will be many differences that should be noticed, such as; signage at the field for physical distancing and sanitizing reminders, sanitizer areas for spectators, sanitizing of equipment between plays, someone may ask you if you have any flu-like symptoms or if you have traveled outside Western Canada, players located outside the dugouts, spectators watching from all around the ballpark to enhance physical distancing, umpires may be standing in irregular positions, nobody eating seeds or chewing gum, and more.*



BASEBALL MANITOBA COVID-19 RETURN TO PLAY

COACH'S CHECKLIST: COMPETITION

This checklist has been created to help you, as a coach, stay within the guidelines of Baseball Manitoba's Return to Play for competitions in 2020.

WHAT YOU **NEED** TO DO:

- Ensure that every participant, including yourself, has signed Baseball Manitoba's 2020 Waiver and Release
- Ensure that a team representative will act as the Health and Safety Coordinator for each game for the entire season
- Host a parent meeting prior to the season to educate families of the Return to Play Guidelines
- Design practice plans and dugout usage to include Physical Distancing (6 feet), except for brief exchanges
- Remind players each session of the restrictions:
 - Physical Distancing
 - No sharing of equipment, unless sanitized between use
 - No sharing of personal items
 - No licking fingers, spitting, chewing gum, or eating sunflower seeds
 - No handshakes or high fives
- Request that players arrive 45 minutes ahead of games
- Follow batting cage protocol - 2 people maximum per cage
- Conduct team huddles and meetings using physical distancing
- Bullpens and dugouts should be closely monitored for physical distancing
- In collaboration with the Health and Safety Coordinator, ensure all baseballs and bases are disinfected after each game
- Ensure players sanitize their hands if seen touching their face

**Thank you for your dedication and cooperation.
Have a great summer of baseball!**



BASEBALL MANITOBA COVID-19 RETURN TO PLAY

PLAYER'S CHECKLIST: COMPETITION

This checklist has been created to help you, as a player, stay within the guidelines of Baseball Manitoba's Return to Play for competition in 2020.

- Do not attend if you have any flu-like symptoms, coughing, sneezing, fever, etc.
- Do not attend if you have been in contact with anyone who is sick or not feeling well
- Physical Distancing is always in effect.
- Practice physical distancing by staying a minimum of two (2) meters or 6 feet away from other people, if possible, except for brief exchanges.

WHAT **NOT** TO DO:

- No using saliva to moisten hands or fingers
- No sharing of water bottles
- No sharing of food of any kind
- No spitting
- No chewing gum
- No sunflower seeds
- No sharing equipment, unless sanitized between use
- No sharing of personal items like sunglasses
- Offensive players never touch the baseball
- Do not shake hands or high five to celebrate, a tip of the cap will do
- Do not loiter in the parking lot before or after your session
- Do not touch the baseball when you are on offense

WHAT YOU **NEED** TO DO:

- Follow all Signage instructions
- Always maintain physical distancing, except for brief exchanges
- Limit the touching of your own face while in public
- Sanitize your hands before, after and during each competition
- Shower when you get home after each competition
- Wash your clothes and uniforms when you get home after competition
- Follow all First Aid protocols and safeguards for any required treatment, including physical distancing

Thank you for your dedication and cooperation. Have a great summer of baseball!